

Fabulous Foods

Catering & Event Designers



Social & Business Menu Selections



"Serving New York and New Jersey"

1-800-365-4747 • www.fab-foods.com



Hors d'oeuvres

Cold Hors d'oeuvres

- Mascarpone w/ Granola, Coconut & Dried Fruit
- Pesto Grilled Shrimp
- Lollipops of Thai Chicken, Smoked Salmon Chive, Pecan Cherry Mascarpone & Gorgonzola Walnut
- Serrano Ham w/ Arugula & Armagnac Figs
- Bruschetta on Semolina Croutons
- Edible Spoons w/ Eggplant Caponata
- Pear, Walnut & Stilton Cheese Bouchee
- Ricotta, Chive Puree and Prosciutto on Ficelle
- Goat Cheese w/ Blood Orange Pepper Marmalade
- Bacon Wrapped Prunes & Oysters
- Sesame Seed Shrimp w/ Wasabi Soy Aioli
- Smoked Salmon Lollipop w/Sweet Pea Puree
- English Cucumber w/Honey Walnut Mascarpone
- Grissini Wrapped Smoked Salmon
- Greek Tart of Feta, Olive & Tomato
- Roasted Red Peppers on Goat Cheese Croutons
- Smoked Salmon Tatar w/Dill Crème Fraiche
- Pistachio Crusted Chicken Lollipop w/Bellini Sauce
- California Rolls w/Ginger Sesame Dipping Sauce
- Belgium Endive w/ Dried Cherry Pecan Goat Cheese
- Cured Gravlox on Black Bread w/Dill Crème Fraiche
- Antipasto Skewers Splashed w/Basil Pesto
- Cuban Chicken Cigars w/Black Bean Dip
- Eggplant, Smoked Mozzarella, Roasted Tomato & Basil
- Wild Mushroom Mascarpone Purse
- Roasted Beet Cigar w/ Herb Goat Cheese

Fabulous Cold Hors d'oeuvres

- Mini Tacos Shrimp, Thai Chicken, Duck or Lobster
- Ahi Tuna w/ Avocado and Mango on Sesame Crisp
- Lobster Sliders on Miniature Brioche w/ Cole Slaw
- Jumbo Shrimp Cocktail w/ Worcestershire Aioli
- Prosciutto Parma, Buffalo Mozzarella, Basil & Olive Oil
- Lobster or Crab & Avocado in Miniature Profiteroles
- Deviled Egg Collection w/Caviar
- Seafood & Mache in Soy Paper
- Olive Poached Shrimp on Polenta w/Caperberries
- Seared Scallops on Black Bean Cakes w/Cilantro
- Smoked Salmon Parfait w/Lemon Scallion Cream

Hot Hors d'oeuvres

- Kobe Beef Sliders
- Miniature Meatloaf w/ Mashed Potato Crown
- Shrimp Shumai w/Sesame Dipping Sauce
- Pork Dumpling w/Ginger Soy
- Artichoke Fritters w/ Red Pepper Aioli
- Three Cheese Miniature Macs
- Wild Mushroom Sausage Ragout on Asiago Polenta
- Quesadillas (Chicken, Steak, Cheese & Seafood)
- Peanut Chicken Sate w/Sate Dipping Sauce
- Cajun Chicken w/Avocado Sauce
- Shrimp Skewers w/Arugula Salsa
- Beef Empanadas
- Potato Latkes w/ Tarragon Crème Fraiche & Capers
- Baked Brie Tarts w/ Walnuts & Raspberries
- Crab Cakes w/ Lemon Basil Aioli
- Franks in Pastry w/ Grain Mustard
- Classic Comfort Quiche
- Petite Classic Rubens
- Artichoke & Chevre Fritters
- Coconut Crusted Chicken w/Honey Aioli
- Margarita Pizza
- Pastrami Salmon, Sea Salt Ficelle w/Grain Mustard
- Salmon & Fennel Miniature Frittata
- Miniature Pot Pies ~ Chicken, Beef & Shrimp
- Samosas w/Chili Dipping Sauce
- Classic Tiny Meatballs Pan Fried
- Asian Beef Satay w/Dipping Sauce
- Pulled Pork Sliders
- Crispy French Fries w/Sea Salt
- Vegetable Tempura w/Sweet & Sour
- Vietnamese Spring Rolls w/Scallion Dipping Sauce
- Shrimp & Ricotta Wonton w/Basil Aioli

Fabulous Hot Hors d'oeuvres

- Lamb Burgers w/ Avocado, Lettuce & Pepper Relish
- Grilled Rosemary Lamb Chops
- Coconut Shrimp w/ Sweet Hoisin
- Lobster Macaroni & Cheese
- Ahi Tuna Sliders on Brioche
- Roast Tenderloin Crouton w/Horseradish Aioli
- Miniature Beef Wellington
- Braised Short Ribs on Blue Cheese Potato Chip

Hors d'oeuvres Stations

Action Hors d'oeuvre Stations

Carving Stations

Roasted Sirloin of Beef, Slow Roasted Prime Rib, Filet Mignon, Pork Loin, Turkey Breast, Brown Sugar Cured Bone in Ham, Roulade of Turkey Breast, Salmon & Whole Fish Served with Sauces, Condiments & Garnish

Crepe Station

Savory & Sweet Crepes Prepared to Order

Risotto Station

Prepared w/Fillings & Served Tableside

Soup Shooter Bar & Grilled Cheese Station

Miniature Glasses of Soup Selection Offered with Comfort Style Grilled Cheese Wedges

Asian Pacific Rim Station

Dumpling, Wontons & Potstickers with Selection of Dips

Pasta Station

Selection of Pastas & Sauces Served w/Focaccia Breads & Grated Reggiano

Noodle Station

Selection of Noodles Served with Choice of Vegetables, Sesame Chicken, Ginger Scallops or Duck and Broth Choice

Hibachi Station

Yellow Fin Tuna, Chicken, Beef & Vegetables w/Sauces

Stir Fry Wok

Chicken, Vegetable & Beef Served w/White Rice, Fried Rice & Asian Vegetables and Sauces

Buffalo Mozzarella

Offered w/Sun-Dried Tomatoes, Fresh Basil, Roasted Peppers, Prosciutto, Olive Tapenade & Olive Oil

Guacamole Station

Prepared to Order & Served w/ Fresh Warm Jalapeno & Corn Tortillas

Potato Mash Martini

Yukon Gold, Sweet Potato & Blue Potato Mash & Offered with a Selection of Toppings Martini Style

Crepe Station

Sweet & Savory Crepes Made to Order

Polenta Station

Special Recipe Prepared & Served Tableside

Organic Garden

Selection of Organic Vegetables, Micro Greens & Sauces

Stationary Hors d'oeuvres

Cold Table Station

Crudités, Dips, Lemon-Pesto Goat Cheese, Fabulous Torta Collection, Champagne Pistachio Grapes, Imported & Domestic Cheese Display w/Crackers & Flat Breads

Bella Antipasto Station

Prosciutto, Sopresseta, Capicola, Mortadella, Genoa, Reggiano, Fresh Mozzarella, Provolone, Roasted Peppers, Sun-Dried Tomato, Olives & Garnish

Artisan Cheese Station

Baked Brie w/Raspberry & Walnuts, Pesto Pinenut Mascarpone Torte, Arugula, Artichoke Goat Cheese Torte all Served with Designer Crackers & Croutons

Crostini Station

Eggplant Caponata, Hummus, Olive Tapenade Bruschetta & Whipped Fresh Ricotta Served w/Croutons, Pita & Poppadoms

Tapas Station

Olives, Feta Cheese, Asparagus & Salmon, Chicken Sate, Steak Gorgonzola Croutons, Mascarpone Cranberry Walnut Grapes, Hummus, Pita, Tortilla Chips, Guacamole & Salsa

Fondue Station

Selection of Cheeses Offered Fondue Style & Served with Vegetables, Breads & Fruits

Slider Station

Kobe Beef, Pulled Pork & Crab Sliders Offered on Miniature Brioche w/ Toppings & Sauce

French Fry Station

Shoestring, Sweet Potato, Yucca & Plantain Offered with a Variety of Dipping Sauces

Old World Comfort

Chicken Pot Pie, Quiche, Meatballs, Cheese Puffs & Cocktail Franks

Champagne Grape Collection

Whipped Ricotta Pistachio, Dried Cranberry Walnut Mascarpone, Chive Goat Cheese & Cherry Almond Brie all Served in Wheat Grass Flats on Skewers

Chips & Things Station

Potato Chips, Sweet Potato Chips, Tortilla Chips, Pita Chips & Plantain Chips Served with Dipping Bar & Toppings

Seasonal Fab-Foods

Additional Selections and Custom Menus Available Upon Request



Seafood Stations

Ceviche Station

Your Choice of Shrimp, Scallop, Red Snapper, Calamari or Mixed Fish Served Traditional Ceviche Style in Shot Glasses or Martini Glasses.

Caviar Station & Vodka

American, Sturgeon, Osetra & Sevruga Served w/Toast Wedges, Blinis, Crème Fraiche, Egg, Chive, Capers & Onion

Smoked Fish

Smoked Salmon, Trout & Whitefish Served w/Sauces & Garnish

Chilled Seafood

Shrimp Cocktail, Snow Crab Claws, Oysters & Clams w/Cocktail Sauce and Mignonette Sauce

Sushi Station

Specialty Station Designed with Prepared Sushi or Sushi Chef Driven Action Station Serving Maki Rolls, Sashimi & Sushi with Sauces & Garnish

Oyster Display

East & West Coast Selections w/Sauces & Garnish

Short Plate Stations

Short Plate Station

- Sauté Chicken w/Vegetable Cous Cous
- Roast Tenderloin w/Potato Pearls & Mushrooms
- Lamb Chops w/Rosemary Potato & Baby Bok Choy
- Seared Tuna w/Avocado Mango Mache Salad
- Stuffed Loin of Veal w/Spinach & Pinenuts Served with Wheat Berry Barley & Escarole
- Pork Loin Stuffed with Apricots, Apples & Figs Served w/Plantains & Yucca
- Chicken Roulade with Quinoa & Haricot Verts
- Diver Scallops Pan Seared w/Wilted Spinach & Orzo
- Classic Jumbo Shrimp Cocktail w/Homemade Sauce
- BBQ Short Ribs w/Garlic Mashed Potatoes
- Roasted Seabass w/Mediterranean Cous Cous Salad
- Teriyaki Salmon w/Soba Noodles & Bok Choy
- Rosemary Hanger Steak, Potato Soufflé & Asparagus

Comfort Stations

Snack Station - Popcorn, Jumbo Pretzels & Potato Knishes Served w/Chips & Dips

Salad Bar - Full Display Offering Mixed Lettuces, Toppings, Dressings & Breads

Fajita Bar - Chicken & Beef Prepared to Order w/Selection of Toppings

Slider Bar - Burgers, Pulled Pork & Vegetable Burgers Served w/Toppings

Pasta Bar - Selection of Pastas, Toppings & Sauces

Potato Bar - Mashed, Idaho & Sweet Potatoes Offered w/Toppings

Wrap Bar - Selection of Three Choices Prepared & Rolled to Order

Hot Dog Cart - Traditional Cart Offering Hot Dogs & Toppings

Chicken Bar - Wings, Fingers or Fried Chicken Offered w/Corn Bread

Charcuterie

Tea Sandwiches

Selection of Avocado & Cucumber, Smoked Salmon, Sprouts & Dill Sauce, Smoked Turkey Breast & Brie, Smoked Ham & Gruyere, Walnut Mache Chicken Salad, White Tuna Caper Salad & Dijon Egg Salad

Sandwiches & Wraps

Please inquire About our Seasonal Specials

Classic Assortment

Roast Turkey Breast, Baked Ham, Roast Beef, Grilled Chicken Breast & Genoa Sliced with Cheeses, Dressings & Toppings

Fabulous Assortment

Prosciutto, Sopresseta, Capicola, Mortadella, Genoa Sliced & Served w/ Imported Cheeses, Dressings & Toppings

Imported Assortment

Cured Meats, Sausages, Salami & Relishes Served w/ Sauces, Hard Cheeses & Breads

Additional Stations

BBQ

BBQ Stations

Classic

Hamburgers & Hot Dogs w/Toppings, Breads & Condiments

Kebob

Grilled Chicken, BBQ Pork & Vegetables Kebobs w/Sauces

Comfort

Grilled Barbeque Chicken Breast & Ribs

Deluxe BBQ Stations

Brochette Station

Grilled Chicken, Steak & Shrimp Brochettes w/Sauces

Fish

Grilled Barbeque Salmon w/Lemon Mango Relish

Meat

Grilled Marinated Steak w/Mushroom Au Jus & Horseradish

Big Burgers

8oz Steak Burgers Served with Toppings, Breads & Sauces

Fabulous BBQ Stations

- Lobster, Shrimp & Scallop Kebobs w/Lemon Butter
- Half Grilled Whole Lobsters w/Warm Butter Sauce
- Stuffed Grilled Calamari w/Olive Oil
- Special Grilled Fresh Catch w/Sides
- Short Ribs Grilled w/Sides

Salads & Sides

Salads

Cold Pasta, Potato, Cole Slaw, Potato Chips, Garden Greens, Caesar Salad, Greek Salad, Chop Chop Salad, Noodle Salad, Cous Cous Salad, Vegetable Pesto Salad, Cucumber Tomato Salad, Red Potato Salad, Orzo Salad, Bean Salad & Rice Salad

Sides

Corn on the Cob, Baked Beans, French Fries, Rice Pilaf, Vegetable Medley & Grilled Vegetables

Salads, Soup & Appetizers

Salads & Soup

- Lobster Bisque w/ Armagnac
- Wild Mushroom Barley w/Celery Greens
- Shrimp Bisque w/Arugula Crème Fraiche
- Minestrone w/Grana Padona
- Organic Greens w/ Pears, Walnuts, Cherries, Tomatoes & Gorgonzola
- Lobster w/ Parsley Aioli over Organic Greens
- Roasted Eggplant w/Goat Cheese, Tomato & Micro Basil
- Frisee w/ Goat Cheese & Almonds with Champagne Dressing
- Fresh Mozzarella w/ Figs & Sun-Dried Tomato
- Mache w/ Endive, Radicchio, Tomato & Reggiano
- Avocado and Grapefruit Salad w/ Organic Spinach
- Greens w/ Feta, Apples, Pinenuts & Fig Vinaigrette
- Classic Tri-Color w/ Balsamic Dressing
- Traditional Caesar Salad w/Herb Croutons & Dressing
- Cobb Salad w/Smoked Bacon Dressing
- Greek Salad w/Dijon Dressing

Appetizers

- Seafood Purse (Shrimp, Lobster, Scallops & Mushrooms) Wilted Spinach, Fennel, Leeks & Saffron Beurre Blanc
- Tuna Tartare w/Avocado & Mango
- Fresh Mozzarella w/Tomato, Peppers, Micro Greens, Calamatta Olives & Basil Olive Oil
- Specialty Pasta Tossed in a Bolognese Sauce
- Pan Seared Salmon or Crab Cakes Over Organic Greens Drizzled with a Lemon Basil Aioli

Breads

Breads

- Rosemary Herb Focaccia
- Ciabatta & Brioche
- Seeded Miniature Ficelle
- Walnut Raisin Boulee
- Pecan Cranberry Breads
- Chocolate Bread w/ Raspberry Butter
- Mushroom & Asiago and Olive Focaccia
- Seven Grain and Sour Dough
- Stone Sour Battard
- Pumpernickel
- Flatbread & Naan



Entrees & Sides

Pasta

- Roasted Eggplant Ravioli Pink Vodka Sauce
- Baked Vegetable Lasagna Flowers
- Baked Lasagna Bolognese
- Gnocchi w/ Herbs, Butter & Parmesan
- Lobster Ravioli w/ Basil Cherry Tomato Sauce
- Baked Il Forno ~ Rigatoni, Eggplant, Mozzarella
- Orichetti w/ Broccoli Rabe, Garlic & Sausage
- Porcini Mushroom Pasta w/ Sage Pesto
- Pasta w/ Asparagus, Scallops and Shrimps
- Penne Con Vodka w/Reggiano

Entrees

Chicken

- Breast of Chicken (Marsala, Piccata, Francese, Honey Mustard or Balsamic)
- Chicken Paillards w/ Orange-Thyme Butter
- Mustard Grilled Chicken Breast
- Roasted Chicken w/ Grapes & Tarragon
- Traditional Chicken Francaise w/ Capers
- Cornish Game Hens w/ Double Cranberry and Thyme
- Capon w/ Tomatoes & Artichokes
- Chicken Milanese w/ Micro Green Salad
- Free Range & Organic Chicken

Pork

- Pork Loin w/Figs, Apples & Apricots
- Roasted Pork Loin w/ Orange & Fennel
- BBQ Honey Glazed Pork Loin

Lamb

- Roasted Loin of Lamb w/ Spinach & Pinenuts in Phyllo w/ Mushroom Ragoût
- French Cut Rosemary Dijon Lamb Chops

Veal

- Double Veal Chop w/Potato Trio & Herbs
- Traditional Veal Piccata
- Stuffed Veal Loin

Steak

- Filet Mignon w/ Herbs, Garlic & Horseradish Butter
- Stuffed Filet Mignon w/ Lobster & Shrimp
- Traditional Beef Wellington
- Marinated Strip Steak
- Hanger Steak

Fish

- Baked Salmon w/ Orange, Thyme, Capers & Fennel
- Baked Tilapia w/ Capers and Tomatoes
- Traditional Shrimp Scampi
- Chilean Sea Bass Potato Crusted
- Red Snapper
- Shrimp & Scallop w/ Herb Olive Oil
- Stuffed Filet of Flounder w/ Crabmeat
- Lobster, Shrimp & Scallop Medley
- Baked Halibut w/ Ginger & Lemon Grass
- Crab Cake Duo
- Baked Cod Filet Tomato Buerre Blanc

Vegetables

- Haricot Verts w/ Orange Essence & Pecans
- Vegetable Roasted Medley
- Wilted Spinach
- Green Beans w/ Sage and Pancetta
- Ginger Bok Choy
- Asparagus w/ Butter & Parmesan
- Roasted Vegetable Mash
- Stewed Lima Beans w/ Tomato & Zucchini

Starch

- Roasted Rosemary White & Red Potato Pearls
- Rice Pilaf w/ Dried Cranberries & Pecans
- Maple Honey Mashed Sweet Potato
- Wild Rice w/ Dried Cherries & Walnuts
- Cashew Stuffing Rounds
- Spinach & Ricotta Stuffing Muffins
- Israeli Cous Cous Pilaf
- Potato Croquettes
- Bulgur w/ Dried Cherries and Apples
- Grilled or Creamy Polenta
- Roasted Parmesan Potato Tower
- Sweet Potato Soufflé
- Infused Mashed Potato

Custom Culinary & Creative Design

Fabulous Foods is happy to prepare special foods that meet your needs. Menus designed and foods prepared to reflect your event concept. Let the Fabulous Foods creative team help you! Ask your event planner about our tasting studio.



Desserts, Cakes & Sweets

Desserts

- Petit Four Selection
- Crème Brûlée Shots w/ Raspberries
- Lemon Cake w/ Canoli Cream
- Classic Pastry Assortment
- Dessert Tart Collection
- Crème Brûlée
- Champagne Truffles
- Chocolate Cake w/ Brandied Cherry
- Homemade Donuts w/ Chocolate Sauce
- Red Wine Poached Pears & Mascarpone
- Profiterole Chocolate Cream Puffs
- Butter Cookies
- Apple Walnut Tarts
- Pots de Crème w/ Ganache
- Pudding w/Vanilla Custard
- Chocolate Tiramisu
- Chocolate Velvet Cake
- Canoli Cream Cake
- Cognac Pumpkin Cheesecake
- Chocolate Crème Brûlée
- Cheesecake
- Cranberry Almond Tarts
- Pecan & Chocolate Tarts
- Mocha Brownies
- Chocolate Chip Cookies
- Chocolate Dipped Strawberries
- Truffle Lollipops (Optional Flavors)
- Specialty Cakes

Ice Cream Bar

Selection of Flavors, Toppings, Cones & Bowls

Chocolate Fountain

Chocolate Heaven! Lots of Sweets & Fruits to Dip

Milk Shake Station

Made to Order Milk Shakes & Toppings

Liquid Nitrogen Ice Cream Bar

Special New Action Station Making Ice Cream Right in Front of your Guests! Includes a Topping Bar

Ice Cream Trucks

Retro Ice Cream Truck Offering Your Favorite Ice Creams

Ice Cream Carts

Novelty Ice Cream Offered from Push Carts

Specialty Cakes

Layers - Vanilla, Chocolate, Mocha, Hazelnut, Devils Food, Red Velvet and More

Fillings - Lemon, Canoli, Chocolate, Raspberry, Strawberry, White Chocolate and More

Finishes - Vanilla or Chocolate Butter Cream Ganache, Rolled Fondant and More

Designs - Lace, Weaves, Swags, Dots & Fresh Flowers

Style - Round, Square, Pillar, Stacked, and More

Coffee Service

Coffee, Decaffeinated Coffee & Herbal Tea
Coffee Bars Offering Espresso, Cappuccino & Specialty Coffee

Bar Service

We Offer Full Bar Service with Bartenders & Full Bar Set Ups of all Mixers, Soda, Juice, Fruit Garnish & Ice. We Offer Liquor Delivery & Pick Up of Unused Product

Fabulous Foods



Members of:

ICA - International Caterers Association

NACE - National Association of Catering Executives

ISES - International Special Events Society

IACP - International Association of Culinary Professionals

BIZ BASH - NEW YORK

MPI - Meeting Planners International

NRZ - National Restaurant Association

RCA - Research Chef Association

ACF - American Culinary Federation



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